

Activity Report (DAY/WORKSHOP/FDP/STTP/CONFERENCE)

DEPARTMENT	Parul Institute of Homoeopathy and Research		
ACTIVITY TYPE	CULTURE EVENT		
ACTIVITY TITLE	NAVRATRI		
DATE & TIME	27/09/25; 11:00 – 1:00PM	Duration	2 HOURS
NO. OF PARTICIPANTS			
EXPERT NAME WITH DESIGNATION	NA		
NAME OF EXPERT'S ORGANIZATION	PARUL INSTITUTE OF HOMOEOPATHY AND RESEARCH		
EXPERT CONTACT DETAILS	8128815189		
FACULTY COORDINATOR	DR. Nayana d. Patel		
FACULTY CONTACT DETAILS	8128815189		
SUSTAINABLE DEVELOPMENT GOALS (SDGs)	SDG 4 – Quality Education, SDG 3, SDG – 11.		
COLLABORATIVE ACTIVITY UNDER MOU	NA		
SPONSORING AUTHORITY	-	Sponsorship amount:	-

Objective:

To promote awareness and understanding of Indian culture, traditions, and heritage among students. To encourage unity, harmony, and inclusiveness by celebrating together beyond caste, religion, and region. To provide a platform for students to showcase their talents through dance (Garba/Dandiya), music, and cultural activities. To create an environment of joy, enthusiasm, and positivity on campus, enhancing student engagement. To inculcate values of devotion, discipline, and respect for cultural festivals in modern youth. To foster teamwork, leadership, and organizational skills through active student participation in event planning and execution. To strengthen social bonds and create a sense of belongingness within the college community.

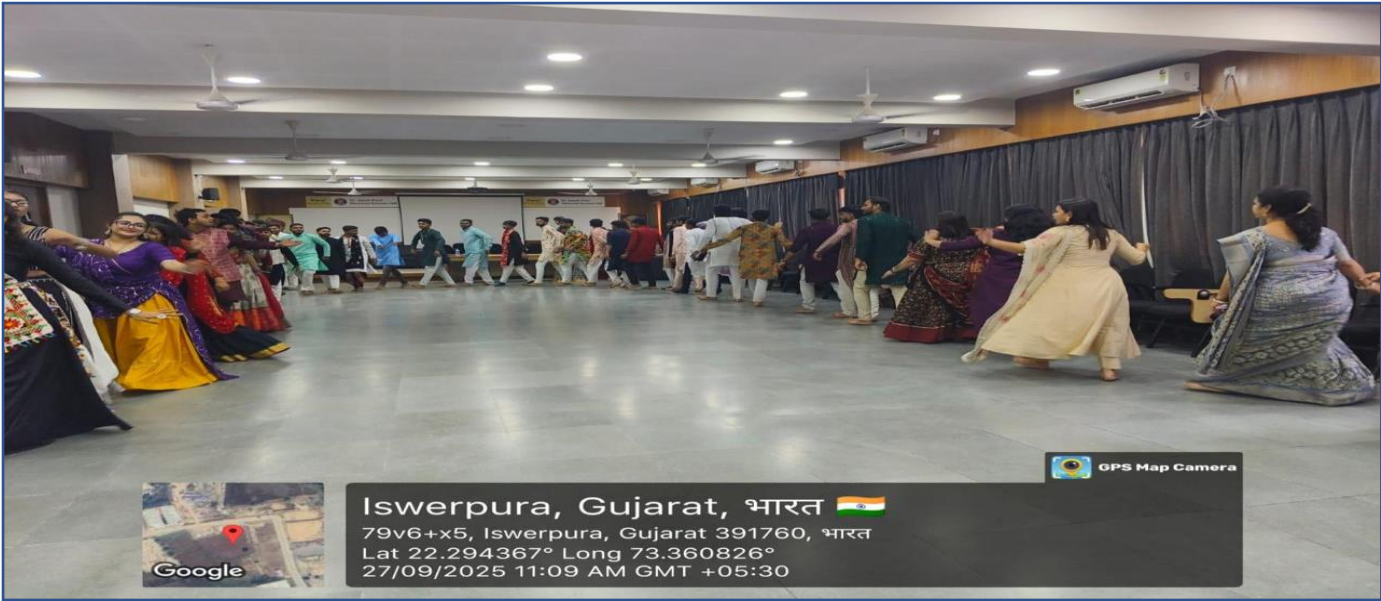
Activity Details:

The Navratri celebration at the college began with great enthusiasm and devotion. The program commenced with the **traditional aarti and worship of Goddess Durga**, where students and faculty members joined together in chanting prayers, lighting diyas, and offering flowers to invoke blessings of strength, positivity, and prosperity.

After the aarti, the campus came alive with the beats of **Garba and Dandiya Raas**. Students, dressed in colourful and vibrant traditional attire, formed circles and danced gracefully to rhythmic folk music, creating a festive and joyful atmosphere. The spirit of Navratri was reflected in the unity and energy of the participants, as both beginners and experienced dancers enjoyed the lively steps.

The entire celebration was filled with energy, laughter, devotion, and togetherness. Students not only enjoyed dancing and performing but also developed a deeper connection with Indian culture and traditions. The presence and encouragement of faculty members added more warmth and inclusiveness to the event.

Glimpses of activity:





Outcome:

□ Students actively participated in all the events, including Garba, Dandiya, cultural performances, and competitions, which created a vibrant and festive atmosphere in the college campus. The celebration helped in strengthening bonds among students, teachers, and staff, promoting a sense of unity, cooperation, and togetherness. The event instilled a sense of pride in Indian traditions and values, encouraging students to connect with cultural heritage while enjoying the festivities. Students developed teamwork, leadership, and organizational skills by actively managing and coordinating different parts of the celebration. Overall, the program not only brought joy and enthusiasm but also left behind memories of cultural learning, devotion, and collective celebration.

Name, Designation & Signature of

Coordinator with date

Name, Signature & stamp of

Head of the Department / Institute